## PETERS TOWNSHIP SCHOOL DISTRICT

# CORE BODY OF KNOWLEDGE (CBK)

#### SCHOOL COUNSELING

### Kindergarten

For each of the sections that follow, students may be required to understand, apply, analyze, evaluate or create the particular concepts being taught.

### **COURSE DESCRIPTION**

The Peters Township School Counseling Program promotes and enhances the learning process for all students through an integration of Academic, Personal/Social and Career Development. Key areas of focus include assisting students to acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

#### STUDY SKILLS

- Acquire self knowledge to distinguish between appropriate and inappropriate behaviors.
- Demonstrate appropriate behavior in a group.

### **MAJOR UNIT THEMES:**

#### 1. ACADEMIC DEVELOPMENT

- Develop a positive interest in learning.
- Accept mistakes.
- Take responsibility for their actions.
- Learn to listen and ask for help.
- Develop confidence to try new things.

## 2. PERSONAL/SOCIAL DEVELOPMENT

- Learn how to make and keep friends.
- Recognize, accept, respect, and appreciate individual differences.
- Identify comfortable and uncomfortable feelings.
- Learn calming down strategies.

### 3. CAREER DEVELOPMENT

- Identifying interests, skills, abilities, and how they relate to careers.
- Learning about careers in the community.

## MATERIALS (and Supplemental materials used in course):

- Counselor prepared teaching materials and lesson plans
- The Seven Habits of Happy Kids, Sean Covey (2008)
- Covey 8 Habits Poster

- Counselor developed scripts for role playing
- DUSO 1, "The Clay Snake"

  Jobs People Do, DK Publishing (2001)
- PATHS Turtling Lesson
- Happiness is a Warm Puppy, Charles Schulz
- DUSO 1, Goal 22, "Duso Talks About Friends"
- Listen and Learn, Cheri J. Meiners, M.Ed. (2003)
- Arthur's Homework, Marc Brown (1986)

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